

Instructions after your Botox procedure:

1. The lumps on the area injected will go down in 15-30 minutes, so don't worry about it.
2. Do not rub the area that was injected with Botox.
3. For 6 hours, please avoid the following:
 - a) Bend or stoop down.
 - b) Lie on your side. If you are going to lie down, it should be flat on your back.
 - c) Pray (for Muslims).
4. Do not go to the gym or do any sports until the next day.

NOTE:

Follow up appointment (in case dissatisfied with the result), should be after 12 days but no more than 3 weeks. Otherwise we won't be able to assess how effective the treatment has been.